

Putting on your boots



1) Use the wing nuts to adjust the height of the hooks on the upright boards. Place them so that the boot will suspend 1"-2" above the base.



2) Place the boot loops or holes on the hooks with the back of the boot snug in the boot stabilizer indentation.



3) Place the Bootslip flat on the floor near a table or wall that you can use for balancing yourself before putting on boots.



4) Use one foot to step on the base of the Bootslip while inserting your other foot into your boot.



5) Raise boot straight up and off the hook. Repeat steps 2-5 on the other boot.

Removing your boots



Use one foot to step onto the base of the Bootslip. Place the other booted foot just below the sole in the boot stabilizer indentation at a slight angle.



Use your foot to apply backward pressure into the stabilizer while pulling your foot out of the boot. Repeat the steps to remove your other boot.